



Reporting on one day CME Programme on
“SAFETY AND MONITORING OF AYURVEDIC DRUGS”

May 25, 2025

Raghunath Ayurved Mahavidyalaya and Hospital, Contai, Purba Medinipur

A CME in the area of pharmacovigilance entitled, “Safety and Monitoring of Ayurvedic Drugs” was organised at the auditorium hall of Raghunath Ayurved Mahavidyalaya and Hospital, Contai, Purba Medinipur on May 25, 2025. The propaganda of the programme was done well in advance among the registered Ayurvedic personalities with priority for the faculties, running internees and all registered Ayurvedic physicians who completed Ayurvedacharyya B. A. M. S. from the Raghunath Ayurved Mahavidyalaya and Hospital. The programme was conducted by Regional Ayurveda Research Institute (RARI), Gangtok, Sikkim under the aegis of Central Council for Research in Ayurvedic Sciences (CCRAS), Ministry of AYUSH, Government of India.







One Day CME
On
“SAFETY AND MONITORING OF AYURVEDIC DRUGS”
Date: 23rd May, 2025 (Friday) 10 am onwards
Venue: Raghunath Ayurved Mahavidyalaya and Hospital, Contai, Purba Medinipur

Conducted by
Regional Ayurveda Research Institute (RARI), Tadong, Gangtok, Sikkim under CCRAS, Ministry of AYUSH, Govt of India

In Association with
Raghunath Ayurved Mahavidyalaya and Hospital (RAVHH), Contai, Purba Medinipur

Panel of Speakers

 Dr. Baby Ganeriwala Professor and HOD, Agadatantra RAVHH, Contai	 Dr. Achintya Mitra Assistant Director In-Charge RARI, Tadong, Gangtok, Sikkim	 Dr. Sreelakshmi R.S. Research Officer RARI, Gangtok, Sikkim	 Dr. Aniruddha Pan Asst. Professor, Dravyaguna RAVHH, Contai
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- ALL REGISTERED AYURVEDIC PHYSICIANS ARE ELIGIBLE FOR PARTICIPATION IN THE PROGRAMME AFTER PRIOR REGISTRATION THROUGH PRESCRIBED GOOGLE FORMAT PROVIDED THROUGH ATTACHED LINK.
- Priority will be given to the faculties, internees and ex-students of Raghunath Ayurved Mahavidyalaya and Hospital
- Seats are limited and registration of other participants will be done according to the availability of Seats (maximum 70)
- Participation certificate provided by RARI, will be distributed at the end of the programme. No candidates will be entitled to register who have already received training imparted by RARI, Gangtok in the running year.

The programme was started at 10 am by garlanding the sculpture of the founder of the institute Kaviraj Raghunath Maity. Garlanding was done jointly by Mr. Sukomal Maity, Secretary, Ayurved Sevak Sangha, Dr. Sukumar Jana, Vice-President, Ayurved Sevak Sangha, Professor Sushil Kumar Nath, Principle of the institute, Dr. Sreelakshmi RS, Research Officer, RARI, Gangtok, Professor Tuhin Kanti Biswas, Professor of Kayachikitsa, Dr. Dipanjan Jana, Vice Principal, Professor Swapan Kumar Das, Department of Shalakyatantra, other faculty members and internees of the institute. This was followed by the formal inauguration of the CME.



The inaugural programme was started with invocation of Dhanwantari Srotram by Dr. Annapurna Behera, Associate Professor, Shalakyatantra of the institute. All the guests offer garlands and flowers to the effigy of Lord Dhanwantari and lightened the traditional lamp. In

the inaugural programme, Mr. Sukomal Maity delivered welcome address and narrate the background of the institute towards successful dissemination of Ayurvedic education to a number of scholastic students and service to the common people through Ayurveda in last one decade. Dr. Sukumar Jana emphasise about the importance of the programme for the practitioners of Ayurveda working at various level. Professor Sushil Kumar Nath, Principal of the institute proposed vote of thanks to the Regional Ayurveda Research Institute (RARI), Gangtok, Sikkim for selecting this institute to conduct such an important event.

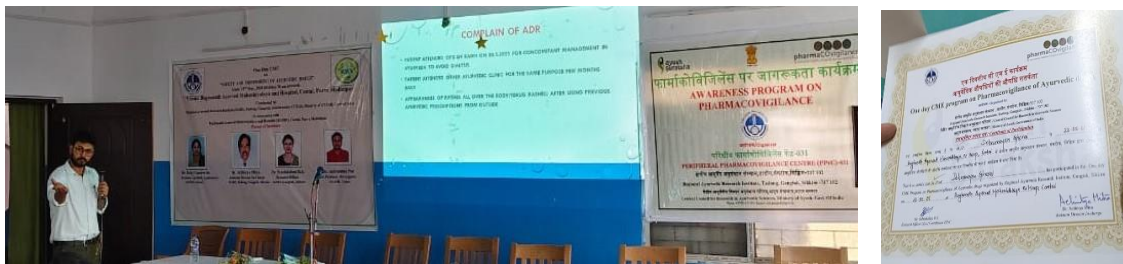
The main CME was started with the lecture of Professor Baby Ganeriwala, Head, Department of Agadatantra of this institute on the topic entitled, “Importance of Shodhana of Rasousadhis for its Therapeutic Application”. In her topic, Professor Ganeriwala described about the need of pharmacovigilance during preparation of drugs from metals and minerals before application. She had mentioned to follow the classical procedure of purification during preparation. Speech of Dr. Ganeriwala was followed by the speech on Dr. Aniruddha Pan, Assistant Professor, Department of Dravyaguna on the topic, “Toxicity and Safety Aspects of Poisonous Medicinal Plants”. Dr. Pan mentioned about 18 medicinal plants used in Ayurveda which are toxic but may reveal potent therapeutic effect after their purification as mentioned in classical Ayurvedic texts. He has also nicely described about probable modern scientific outlook regarding use of cow’s milk, lemon juice, cow’s urine etc. as media for purification of such poisonous plants so that these can be detoxified before therapeutic application.



Dr. Achintya Mitra, Assistant Director-in-Charge, Regional Ayurveda Research Institute, Gangtok, Sikkim delivered speech on two topics as “Safety and Monitoring of Ayurveda drugs” and “Misleading advertisements and related Acts & Rules”. Dr. Mitra narrated in detail about misleading advertisement of various Ayurvedic pharmaceutical companies and other food production houses highlighting their effect to combat various diseases without any scientific background or clinical trials. He has also described to categorise the level of adverse effects and procedure of reporting to the higher pharmacovigilance centre. Dr. Mitra has clearly differentiated between the therapeutic effects like procedures performed in Panchakarma and adverse effects due to drug toxicity mimicking similar outcome. The technique of determination of such effects by Ayurvedic practitioners was also described vividly. Dr. Sreelakshmi R. S., Research Officer, RARI demonstrated the hands-on training through online system for reporting of adverse drug reactions (ADR) of Ayurveda. She described in detail with classical example using the official online portal of the Ministry of AYUSH named AyushSuraksha (<http://www.ayushsuraksha.com>).



Dr. Rajdeep Pain, Assistant Professor of Rasashastra and Bhasajya Kalpana of the institute narrated about the newly framed Pharmacovigilance cell of the institute in accordance with the guideline of NCISM and represented an ADR report observed in the OPD of the hospital. The Programme concluded at 4 pm with interactions of the participants on various aspects and distribution of certificates to each participant.



A total 76 (seventy-six) participants among faculties, junior doctors and practitioners attended the programme by prior filling up of registration through google format as well as confirmation on spot by physical manner. Registration kits and refreshment were provided by the sponsoring institute RARI, Gangtok and the venue with audio-visual arrangements was done by the host institute Raghunath Ayurved Mahavidyalaya and Hospital, Contai, Purba Medinipur. All the speakers were felicitated with flower bouquet and token of memento on behalf of the Raghunath Ayurved Mahavidyalaya and Hospital. The whole programme was conducted jointly by Dr. Dipanjan Jana, Vice-Principal cum Head, Department of Panchakarma and Professor Tuhin Kanti Biswas, Department of Kayachikitsa.